

Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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Generated on: 8/26/2024 7:24:12 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/02/2024																
PRESCHOOL	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/03/2024																
PRESCHOOL	Total	900														
CORN DOG, CHX '22	1 EACH	900	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	9.23	2.51	0.00
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	500	63	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5	0.21	0.06	*0.00
APPLES,Fresh 2017 PS .25 CUP	SERVING	900	14	0	0	0.65	0.03	1.6	15	1.25	3	0.07	3.76	0.05	0.01	0.00
CATSUP	.5 oz	100	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK,1% DW 2024	1 EACH	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			410	55	946	5.60	2.18	391.2	648	2.41	*24	23.05	52.42	11.90	4.05	*0.00
% of Calories											*23.9%	22.5%	51.2%	26.1%	8.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 09/04/2024																
PRESCHOOL	Total	720														
Elbow, Alfredo, Cheesy '24	1 CUP	720	155	7	216	2.16	1.03	137.6	69	0.43	*0	8.61	24.68	2.46	1.06	*0.06
SALAD 3/WAY, '23	servings	1400	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES,Fresh	servings	1400	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			419	22	388	4.37	1.97	520.4	6481	15.70	*44	19.81	74.59	5.65	2.77	*0.06
% of Calories											*42.1%	18.9%	71.2%	12.1%	5.9%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \*- denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

PRE-SCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 09/05/2024																
PRE-SCHOOL	Total	1000														
Pozole, Red Turkey'22 CK	14 oz	1000	157	26	1313	2.22	1.60	19.8	628	2.11	*1	12.02	17.28	3.9	1.57	*0.00
TORTILLA CHIPS-'24	SERVING.	1000	210	0	225	2.25	0.30	25.0	3	0.0	0	2.0	23.0	12.0	1.70	0.00
CABBAGE, SHREDDED	Serving	2000	13	0	9	1.31	0.25	21.0	51	19.22	2	0.67	3.05	0.05	0.02	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	2000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			581	41	1707	11.09	2.75	456.8	1334	287.74	*31	24.36	76.38	18.50	4.81	*0.00
% of Calories											*21.2%	16.8%	52.8%	28.7%	7.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/06/2024																
PRE-SCHOOL	Total	720														
Grinder, Ham&cheese-EI-'24	EACH	720	343	60	1178	4.04	2.71	267.3	175	3.2	4	23.84	35.58	13.39	2.96	*0.16
SALAD 3/WAY, '23	servings	2000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Pears, In Extra Light Syrup PS	serving	720	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	1	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK, 1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			527	75	1356	5.90	3.30	628.3	8896	15.39	26	34.36	65.06	15.97	4.47	*0.16
% of Calories											19.4%	26.1%	49.4%	27.2%	7.6%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			484	48	1099	6.74	2.55	499.2	4340	80.31	*31	25.40	67.11	13.00	4.02	*0.06
											*58.0%	21.0%	55.4%	24.2%	7.5%	*0.1%

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# Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/09/2024																
PRESCHOOL	Total	1000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
POTATO FROZEN,FRNCH PS-2017	SERVING	1000	40	0	13	0.33	0.24	0.0	0	0.0	0	0.67	6.67	1.17	0.17	0.00
APPLESAUCE, UNSWEETNED PS	serving	1800	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			450	70	722	4.54	1.93	414.4	699	3.10	31	27.85	64.38	8.78	2.18	*0.00
% of Calories											27.6%	24.8%	57.3%	17.6%	4.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/10/2024																
PRESCHOOL	Total	1000														
Chicken Tenders, WG 2017	Serving	900	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
BARBECUE BEANS -2018 PS	Servings	900	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
BANANAS	1 EACH	900	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CATSUP	1 oz	900	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			472	44	1073	7.21	2.96	366.0	872	88.69	*34	26.21	73.04	10.03	3.30	*0.00
% of Calories											*28.7%	22.2%	61.9%	19.1%	6.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/11/2024																
PRESCHOOL	Total	1000														
Meatball Grinder, Beef 2017-EL	Serving	900	418	68	1075	5.38	5.01	351.4	914	13.06	*5	31.03	43.77	14.81	6.12	*0.00
SALAD 3/WAY, '23	servings	900	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES,Fresh	serving	900	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH .50oz	Servings	900	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% DW 2024	1 EACH	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			580	78	1171	5.87	4.95	654.4	4010	18.89	*32	37.27	69.51	19.09	7.49	*0.00
% of Calories											*21.9%	25.7%	48.0%	29.6%	11.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 09/12/2024																
PRESCHOOL	Total	1000														
BURRITO,TKY BEAN & CHSE-2 017	SERVING	1000	453	25	609	10.87	*3.62	*299.7	273	*1.58	*4	21.95	58.45	15.36	4.93	*0.00
FRUIT MIX, Extra Light Syp PS	serving	1000	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
JICAMA STICKS PS	Serving	1000	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			625	40	761	12.87	*3.80	*649.7	876	*8.18	*26 *16.8%	30.95 19.8%	84.45 54.0%	17.86 25.7%	6.43 9.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/13/2024																
PRESCHOOL	Total	720														
Nacho Delx W/ 3bnCHILI, chz '24	SERVING	720	461	30	518	9.27	5.09	313.5	799	3.32	*2	14.99	50.89	21.75	8.04	*0.00
CELERY STICKS	serving	720	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	720	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			657	48	793	12.47	5.43	712.1	1683	129.29	*23 *14.0%	24.76 15.1%	76.09 46.3%	27.93 38.2%	10.17 13.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			557	56	904	8.59	*3.81	*559.3	1628	*49.63	*29 *47.2%	29.41 21.1%	73.49 52.8%	16.74 27.1%	5.91 9.6%	*0.00 *0.0%
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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	557		550 - 650		100%												
Cholesterol (mg)	56																
Sodium 1 (mg)	904		1230		74%												
Sodium 1a (mg)	904		1110		81%												
Fiber (g)	8.59																
Iron (mg)	3.81					Missing											
Calcium (mg)	559.3					Missing											
Vitamin A (IU)	1628																
Sugars (g)	29	20.97%				Missing											
Vitamin C (mg)	49.63					Missing											
Protein (g)	29.41	21.13%															
Carbohydrate (g)	73.49	52.81%															
Total Fat (g)	16.74	27.06%		<=30.00%													
Saturated Fat (g)	5.91	9.56%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.00	0.00%				Missing											

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# Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/16/2024																
PRESCHOOL	Total	720														
Popcorn Chicken-Wh.Grain 2021	Serving	720	207	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	2.00	0.00
POTATO,MASHED,IDAHO REA L 2020	Servings	720	23	0	91	0.26	0.08	8.6	1	0.0	0	0.52	4.65	0.13	0.00	0.00
CARROT, sticks '22	Serving	720	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pears, In Extra Light Syrup PS	serving	720	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	720	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.08	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			430	65	863	3.32	0.51	530.1	734	2.37	25	23.95	45.30	17.20	4.10	*0.00
% of Calories											23.5%	22.3%	42.2%	36.0%	8.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/17/2024																
PRESCHOOL	Total	720														
ENCHILADA,SCRATCH,beef24c t '22	1 Ser(25 ct	720	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
SALAD 3/WAY, '23	servings	720	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH .50oz	Servings	720	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			501	66	616	4.35	1.71	599.0	4078	14.61	*28	24.72	56.43	20.77	9.01	*0.17
% of Calories											*22.5%	19.7%	45.0%	37.3%	16.2%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/18/2024																
PRESCHOOL	Total	720														
Chicken, Curried '24	SERVINGS	720	122	45	532	1.46	0.32	39.8	3382	2.51	*3	13.19	6.26	4.83	1.56	*0.00
Rice, Brown, Steamed PS '24	1/2 cup	720	116	1	113	1.07	0.39	5.8	0	0.33	*0	2.34	22.75	1.62	0.25	*0.00
CARROT PS, sticks	Serving	720	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GRAPES,FreshPS	Serving	720	15	0	0	0.21	0.07	3.2	23	0.92	4	0.14	3.94	0.08	0.03	0.00
DRESSING, RANCH 1oz. '23	ounces	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			443	67	936	2.76	0.79	417.9	3907	3.92	*22 *20.0%	25.23 22.8%	49.07 44.3%	16.64 33.8%	4.61 9.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 09/19/2024																
PRESCHOOL																
Ch-Burger w/WhWheat Bun-201 5EL	Total 1 EACH	720	295	46	730	3.40	3.23	166.0	163	0.0	5	22.09	31.5	10.3	3.75	*0.00
CARROT, sticks '22	Serving	720	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GRAPES,Fresh	serving	720	62	0	2	0.83	0.27	12.9	92	3.88	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH .50oz	Servings	720	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			509	64	947	4.24	3.51	537.7	756	3.76	34 26.6%	31.93 25.1%	62.27 48.9%	16.67 29.5%	5.95 10.5%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/20/2024																
PRESCHOOL																
RAVIOLI, WG CHEESE-'24 bread, stick '23	Serving 1 each	1000	339	77	856	4.36	3.86	321.1	908	13.06	*6 1	23.09 0.99	44.89 14.88	9.37 2.98	4.05 0.50	*0.00 0.00
BROCCOLI,raw: fresh	Serving	1000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			677	99	1256	8.56	5.83	721.6	1748	177.41	*28 *16.8%	34.92 20.6%	86.91 51.3%	22.63 30.1%	7.38 9.8%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			512	72	924	4.65	2.47	561.3	2244	40.41	*28 *48.5%	28.15 22.0%	60.00 46.9%	18.78 33.0%	6.21 10.9%	*0.03 *0.1%
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# Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/23/2024																
PRESCHOOL	Total	1000														
TACO GRANDE, TURKEY-2022	1 EACH	1000	381	55	508	2.00	*1.80	*100.0	12	*0.0	*2	21.38	33.49	18.93	7.24	0.00
BEANS, PINTO SEASONED-2012	1/2 CUP	1000	84	0	217	3.70	1.31	34.7	145	3.13	*1	5.06	15.21	0.33	0.06	*0.00
APPLES, Fresh 2017 PS .25 CUP	SERVING	1000	14	0	0	0.65	0.03	1.6	15	1.25	3	0.07	3.76	0.05	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			598	70	875	6.35	*3.14	*486.3	672	*4.38	*20	35.50	66.46	21.80	8.80	*0.00
% of Calories											*13.3%	23.7%	44.4%	32.8%	13.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/24/2024																
PRESCHOOL	Total	720														
Chicken, Teriyaki, Yangs '22	1 serving	720	115	70	330	0.00	0.72	0.0	30	0.0	6	15.0	6.0	3.5	1.00	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	720	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00
BROCCOLI, raw: fresh	Serving	720	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH 1oz. '23	ounces	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			507	92	769	4.96	1.77	398.3	881	49.97	*34	29.72	67.82	15.09	3.98	*0.00
% of Calories											*26.7%	23.5%	53.5%	26.8%	7.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/25/2024																
PRESCHOOL	Total	1000														
LASAGNA, W/ BEEF SAUCE'23	1 piece	900	314	47	478	2.10	3.02	325.5	597	8.55	*3	21.8	32.82	10.46	5.35	*0.00
SALAD 3/WAY, '23	servings	900	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES, Fresh	serving	900	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	900	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			519	62	701	2.94	3.17	640.2	3725	14.91	*30	29.23	60.67	18.82	7.41	*0.00
% of Calories											*23.3%	22.5%	46.7%	32.6%	12.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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# Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 09/26/2024																
PRESCHOOL	Total	1000														
PIZZA, Chse, Wh, Gr4X6-'23	1 EACH	1000	300	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	5.00	0.00
TOMATOES, GRAPE-2023	1/2 CUP	1000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
Pears, Fresh sliced PS .25 cup	serving	2500	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			518	43	665	7.62	2.67	637.8	1183	14.05	33	26.24	65.28	17.58	7.18	*0.00
% of Calories											25.4%	20.3%	50.4%	30.5%	12.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/27/2024																
PRESCHOOL	Total	1000														
Bean and cheese Pupusa '24	1 each	1000	320	15	526	6.00	1.42	232.0	3513	19.33	*3	13.96	41.43	11.12	3.53	*0.00
JICAMA STICKS	Serving	1000	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
PEACHES, Diced XtraLite Syrup PS	serving	1000	30	0	5	0.00	0.00	0.0	150	0.6	0	0.0	7.0	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			495	30	681	9.00	1.78	582.0	4168	31.93	*18	22.95	68.43	13.62	5.03	*0.00
% of Calories											*14.8%	18.5%	55.3%	24.8%	9.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			528	59	738	6.18	*2.51	*548.9	2126	*23.05	*27	28.73	65.73	17.38	6.48	*0.00
											*46.1%	21.8%	49.8%	29.7%	11.1%	*0.0%

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# Rialto Unified School District

Sep 30, 2024 thru Sep 30, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/30/2024																
PRESCHOOL	Total SERVING	1000														
TERIYAKI BEEF DUNKERS	(4each)	1100	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC	1/2 CUP	1000	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00
E-2014																
BROCCOLI,raw: fresh	Serving	1300	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1300	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			526	65	863	5.95	2.88	428.1	990	214.04	*34	28.96	62.92	18.45	5.74	*0.00
% of Calories											*25.6%	22.0%	47.9%	31.6%	9.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			526	65	863	5.95	2.88	428.1	990	214.04	*34	28.96	62.92	18.45	5.74	*0.00
											*57.5%	22.0%	47.9%	31.6%	9.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	526		550 - 650					
Cholesterol (mg)	65							
Sodium 1 (mg)	863		1230					
Sodium 1a (mg)	863		1110					
Fiber (g)	5.95							
Iron (mg)	2.88							
Calcium (mg)	428.1							
Vitamin A (IU)	990							
Sugars (g)	34	25.55%			Missing			
Vitamin C (mg)	214.04							
Protein (g)	28.96	22.04%						
Carbohydrate (g)	62.92	47.89%						
Total Fat (g)	18.45	31.60%	<=30.00%					
Saturated Fat (g)	5.74	9.83%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

\*Data comparisons are not available for one or two day selections

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